

Belle Blanc Recipes

Cold Sesame Noodles

Makes 2 - 4 Servings

Components:

- Pasta
- Sesame Dressing

1 lb. Fresh Linguini, Pappardelle or Pasta of Choice

(Note: When cool, toss with sesame oil)

¼ cup Tomatoes, diced

¼ cup Scallions, sliced ¼" pieces

¼ cup Roasted Peanuts, chopped

(save 2 tbsp. To garnish each portion)

Sesame Dressing

2 Tbsp. Sesame Oil

2 Tbsp. Soy Sauce

¼ cup Rice Wine Vinegar

2 Tbsp. Sesame Paste (Tahini)

4 Tbsp. Peanut Butter

2 Tbsp. Sugar

1 Tbsp Freshly Grated Ginger

2 tsp. Garlic, chopped

2 tsp. Chile Paste or 1 tsp. Red pepper Flakes)

Method:

1. In a food processor, process all other ingredients to make dressing.
2. Toss pasta with dressing, arrange on plates and garnish with diced tomatoes, sliced scallions and top with chopped roasted peanuts.